

# Lotus

尚善素食  
PLANT BASED KITCHEN

VEGAN . CHINESE . ASIAN



## CRISPY

### CHILLI SQUID S GFO

salt and pepper sliced king oyster mushroom

### CHEEZ MELT BALLS

shredded filo coated cheez melts

### SPRING ROLLS

filo wrapped carrots, mushroom, bamboo shoots

### CHAR SIU OR RADDISH PUFF

melt in mouth multi layer puff pastry

## DIM

### CRISPY WON TON

filo parcels filled with mixed veg

### 'SCALLOP' BALLS

breadcrumb battered 'scallop' balls

### BUTTERFLY 'PRAWNS' GFO

battered 'prawns' with a spicy mayo dip

### SATAY SKEWERS

crispy ckn' skewers with a sweet and fruity dip

### SESAME TOAST

sesame coated 'prawn' paste on toast

### SAMOSAS S

curried soft potatoes filling with peas

### POPCORN TOFU

salt and pepper crispy mashed tofu pieces

£6.50

## SOUP

£5.50

### HOT 'N' SOUR S GFO

spicy, sweet and sour, mixed veg

### CHKN SWEETCORN

blended creamy sweetcorn with chkn' crumble

### WON TON SOUP

soft dumplings and veg in a clear savoury broth

### CRISPY DUMPLING SOUP

fried dumplings in a sweet and sour soup

## GRILLED

### HOUSE DUMPLINGS

assorted grilled veg dumplings

### XO TURNIP CAKE S

spice coated chinese raddish cake

### PAN FRIED BUNS

steamed veg buns with a crispy bottom

### CAULIFLOWER BITE S GFO

spicy, sticky and sweet crispy cauliflower

### BEAN CURD ROLLS

shredded veg and 'duck' rolled in tofu skin

### BAO BUNS

crispy oyster mushroom and 'duck' filling

### LAKSA SKEWERS S

marinated spicy curry gluten skewers

### GRILLED 'EEL'

seaweed wrapped 'eel' pieces

### CARAMEL TOFU GFO

sweet, savoury coated tofu with a hint of spice

£6.50

GFO - gluten free option available S - spicy N - contains nuts

## SHARING PLATES £14.50

### CRISPY COMBO

sesame toast, satay skewer, spring roll, samosa, wonton

### AROMATIC CRISPY DUCK

marinated shredded 'duck', hoisin sauce, pancakes

## STEAMED

### RED CHILLI DUMPLING S

szechuan spicy steamed pak choy won ton

### CRYSTAL DUMPLINGS GFO

sweetcorn, carrots and mushroom parcels

### CHAR SIU BAO

savoury and sweet fluffy BBQ buns

### HAR GOW

translucent 'prawn' and bamboo shoot parcels

### SIU MAI

dumplings wrapped in won ton pastry

### CHIU CHOW DUMPLING

translucent pastry filled with minced mushroom

### JADE DUMPLINGS GFO

mixed mushroom, courgette, wrapped in a translucent pastry

### STEAMED COMBO £7.50

har gow, sui mai, crystal dumpling, chiu chow dumpling, jade dumplings

£6.50

None of our dishes contain onion, garlic or leek

If you have any special dietary requirements, please speak to our lovely team and we will try to cater for you

10% service charge on parties of 8 or more people

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**RED CHILLI BEEF S**

green beans, szechuan peppercorn chilli oil

**BLACK BEAN TOFU S GFO**

fried tofu in a savoury rich sauce

**BLACK PEPPER KING OYSTER GFO**

peppers, king oyster mushroom

**STUFFED AUBERGINE GFO**

veg, mushroom and potato, soy sauce

**SEAWEED BEAN CURD GFO**

teriyaki firm tofu wrapped in seaweed

**BAMBOO SHOOT GFO**

wood ear mushroom stir fried with bamboo shoots

**CRISPY SZECHUAN S**

sweet and spicy shitake mushrooms OR 'beef'

**PI PA TOFU GFO**

tofu balls mixed with mushrooms and soy glaze

**SAMBAL 'FISH' S**

battered 'fish' in chilli, tomato sauce

**SWEET 'N' SOUR CHK'N**

tangy pineapple, peppers, soya pieces

**MIXED VEGETABLES WITH CASHEW NUTS N GFO**

stir fried veg in a crispy 'birds nest'

**MIXED MUSHROOM GFO**

braised mixed mushroom on a bed of seasonal veg

**KUNG PO CHK'N S N**

cashew nuts, soya sauce, chilli, soya pieces

**SALT 'N' PEPPER S GFO**

tofu OR aubergine OR 'prawns' OR chk'n

**PEKING 'RIBS' S**

'ribs' in sweet, fruity peking sauce

**PLUM SAUCE 'LAMB'**

crispy 'lamb' in fruity plum sauce

**£11.00**

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**TOFU AUBERGINE HOT POT GFO**

courgette, carrot, mushroom, soy sauce

**TOM YUM HOT POT S**

sizzling tom yum bowl, firm tofu, lemongrass

**MA PO TOFU S**

soft tofu cubes, mince, savoury chilli sauce

**HOT CHILLI 'PORK' S**

twice cooked sliced 'pork' spicy savoury sauce

**LOTUS HOUSE SPECIAL CURRY S**

fragrant, creamy, hint of lemongrass

**SATAY BEEF HOT POT S N**

sliced 'beef' in a nutty rich satay sauce

**BLACK PEPPER CHK'N S**

chkn' steak, freshly ground peppercorn

**CANTONESE BEEF**

mixed veg, 'beef' in tangy sweet sticky soy sauce

**£12.00**

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**SIDES £5.00**

**THICK RICE NOODLE**

**MIXED VEGETABLES**

**BOILED RICE £4.00**

**GINGER FRIED RICE £4.50**

**FRIED RICE £4.50**

**STIR FRY NOODLES**

**BROCCOLI AND GINGER**

**SALT 'N' PEPPER CHIPS**

**PRAWN CRACKERS £3.50**

**CRISPY SEAWEED £4.50**

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**BBQ RICE BOWL**

char siu, 'duck', chk'n on a bed of fried rice

**THAI VEG FRIED RICE S**

pineapple and veg with spicy laksa skewers

**XO FRIED RICE S**

soy pieces, mixed veg fried rice

**TEMPURA CURRY RICE S**

crispy aubergine, sweet potato, curry sauce

**PAD THAI S N**

rice noodles, veg, tofu and 'prawns'

**BBQ UDON NOODLES**

char siu, beansprouts, stir fried udon

**'MEAT' STRIP or 'DUCK' CHOW MEIN**

crispy noodles with mock 'meat' and beansprouts

**SATAY BEEF SOUP NOODLES N S**

nutty rich satay soup topped with sliced 'beef'

**LAKSA NOODLES S**

rice noodles in 'creamy' malaysian curry soup

**SINGAPORE VERMICELLI S**

thin rice noodles mixed with curry powder

**BF THICK RICE NOODLES**

stir fried with beansprouts and 'beef'

**DUMPLING SOUP NOODLE**

wonton dumplings in a clear savoury noodle soup

**£12.00**

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www.lotusplantbasedkitchen.com

follow us on instagram and facebook @lotus.plantbased

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