

Lotus

尚善素食
PLANT BASED KITCHEN

VEGAN . CHINESE . ASIAN



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CHILLI SQUID 召鹽鮮魷 S GFO M
salt and pepper sliced king oyster mushroom

SPRING ROLLS 春卷 M
filo wrapped carrots, mushroom, bamboo shoots

CHAR SIU OR RADDISH PUFF 叉燒/羅白絲酥
melt in mouth multi layer puff pastry

CRISPY WON TON 炸雲吞 M
filo parcels filled with mixed veg and 'seafood'

'SCALLOP' BALLS 炸干貝球
breadcrumb battered 'scallop' balls with a tartar dip

BUTTERFLY 'PRAWNS' 蝴蝶蝦 GFO
lightly battered 'prawns' with a spicy mayo sauce

SATAY SKEWERS 沙爹雞串
crispy ckn' skewers with a sweet and fruity dip

SESAME TOAST 蝦多士
sesame coated 'prawn' paste on toast

SAMOSAS 咖哩角 S
curried soft potatoes filling with peas

POPCORN TOFU 鹽酥豆腐
salt and pepper crispy mashed tofu and veg pieces

£7.00

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£6.00

HOT 'N' SOUR 酸辣湯 S GFO M
spicy, sweet and sour, mixed veg

CHKN SWEETCORN 粟米雞湯
blended creamy sweetcorn with chkn' crumble

WON TON SOUP 雲吞湯 M
soft dumplings and veg in a clear savoury broth

CRISPY DUMPLING SOUP 炸雲吞湯 M
fried dumplings in a sweet and sour soup

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HOUSE DUMPLINGS 三色煎窩貼
assorted grilled veg dumplings

XO TURNIP CAKE 醬炒羅白糕 S M
spice coated chinese raddish cake

PAN FRIED BUNS 水煎包 M
steamed veg buns with a crispy bottom

CAULIFLOWER BITE 酥炸椰菜花 S GFO
spicy, sticky and sweet crispy cauliflower

BEAN CURD ROLLS 鴨絲腐皮卷 M
shredded veg and 'duck' rolled in tofu skin

BAO BUNS 夾包 M
crispy oyster mushroom and 'duck' filling

LAKSA SKEWERS 叻沙面筋串 S
marinated spicy curry gluten skewers

GRILLED 'EEL' 燒鰻魚
seaweed wrapped 'eel' pieces

CARAMEL TOFU 焦糖豆腐 GFO
sweet, savoury coated tofu with a hint of spice

£7.00

GFO - gluten free option available S - spicy N - contains nuts
M - contains mushrooms

SHARED PLATES £15.50

CRISPY COMBO 炸拼 M
sesame toast, satay skewer, spring roll, samosa, wonton

AROMATIC CRISPY DUCK 香酥鴨
marinated shredded 'duck', hoisin sauce, pancakes

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RED CHILLI DUMPLING 紅油抄手 S M
szechuan spicy steamed pak choy won ton

CRYSTAL DUMPLINGS 水晶餃 GFO M
sweetcorn, carrots and mushroom parcels

CHAR SIU BAO 叉燒包
savory and sweet fluffy BBQ buns

HAR GOW 蝦餃
translucent 'prawn' and bamboo shoot parcels

SIU MAI 燒賣 M
dumplings wrapped in won ton pastry

CHIU CHOW DUMPLING 潮州粉果 M
translucent pastry filled with minced mushroom

JADE DUMPLINGS 翡翠水晶餃 GFO M
mixed mushroom, courgette, wrapped in a translucent pastry

STEAMED COMBO 蒸拼 £8.00 M
har gow, sui mai, crystal dumpling, chiu chow dumpling, jade dumplings

£7.00

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點心
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尚善素食
蒸炒

None of our dishes contain onion, garlic or leek
If you have any special dietary requirements, please speak to our lovely team and we will try to cater for you

10% service charge on parties of 8 or more people

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£12.00

RED CHILLI BEEF 紅油辣子牛 S

green beans, szechuan peppercorn chilli oil

BLACK BEAN TOFU 士汁豆腐 S GFO

fried tofu in a savoury rich sauce

BLACK PEPPER KING OYSTER 黑椒杏鮑菇 GFO M

peppers, king oyster mushroom

STUFFED AUBERGINE 鑲茄子 GFO M

veg, mushroom and potato stuffing

SEAWEED BEAN CURD 紫菜豆腐盞 GFO

teriyaki firm tofu wrapped in seaweed

BAMBOO SHOOT 香筍黑白木耳 GFO M

wood ear mushroom stir fried with bamboo shoots

CRISPY SZECHUAN 四川冬菇/牛絲 S M

sweet and spicy shitake mushrooms OR 'beef'

PI PA TOFU 琵琶豆腐 GFO M

tofu balls mixed with mushrooms and soy glaze

SAMBAL 'FISH' 叁巴辣椒魚 S

battered 'fish' in chilli, tomato sauce

SWEET 'N' SOUR CHK'N 古老雞

tangy pineapple, peppers, soya pieces

VEGETABLE CASHEW NUTS 腰果什菜 N GFO

stir fried veg in a crispy 'birds nest'

ASSORTED MUSHROOM 什菇時菜 GFO M

braised mixed mushroom on a bed of seasonal veg

KUNG PO CHK'N 宮保雞 S N

cashew nuts, soya sauce, chilli, soya pieces

SALT 'N' PEPPER 椒鹽 S GFO

tofu OR aubergine OR 'prawns' OR chk'n

PEKING 'RIBS' 京骨 S

'ribs' in sweet, fruity peking sauce

PLUM SAUCE 'LAMB' 蘇梅羊

crispy 'lamb' in fruity plum sauce

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£13.00

TOFU AUBERGINE HOT POT 茄子豆腐煲 GFO M

courgette, carrot, mushroom, soy sauce

TOM YUM HOT POT 冬蔭海鮮煲 S M

sizzling tom yum bowl, firm tofu, lemongrass

MA PO TOFU 麻婆豆腐 S

soft tofu cubes, mince, savoury chilli sauce

HOT CHILLI 'PORK' 回鍋肉 S

twice cooked sliced 'pork' spicy savoury sauce

HOUSE SPECIAL CURRY 特色咖哩煲 S M

fragrant, creamy, hint of lemongrass

SATAY BEEF HOT POT 沙爹牛肉煲 S N

sliced 'beef' in a nutty rich satay sauce

BLACK PEPPER CHK'N 鐵板黑椒雞 S

chk'n' steak, freshly ground peppercorn

CANTONESE BEEF 鐵板中色牛柳

mixed veg, 'beef' in tangy sweet sticky soy sauce

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£13.00

BBQ RICE BOWL 三燒飯

char siu, 'duck', chk'n on a bed of fried rice

THAI VEG FRIED RICE 泰式什菜飯 S

pineapple and veg with spicy laksa skewers

XO FRIED RICE XO雞飯 S M

chk'n, veg and rice fried in XO paste

TEMPURA CURRY RICE 日式咖哩飯 S M

crispy aubergine, sweet potato, curry sauce

PAD THAI 泰式炒河 S N

flat rice noodles, veg, tofu and 'prawns'

BBQ UDON NOODLES 沙爹炒烏冬

char siu, beansprouts, stir fried udon

'MEAT' STRIP or 'DUCK' CHOW MEIN

肉絲/鴨絲炒面

crispy noodles topped with mock 'meat' and

beansprouts

SATAY 'BEEF' SOUP RAMEN 沙爹牛肉面 N S

nutty rich satay soup topped with sliced 'beef'

LAKSA NOODLES 叻沙咖哩湯米 S

rice noodles in 'creamy' malaysian curry soup

SINGAPORE VERMICELLI 星洲炒米 S

thin rice noodles mixed with curry powder

'BEEF' THICK RICE NOODLES 干炒牛河

stir fried with beansprouts and 'beef'

DUMPLING SOUP NOODLE 双色雲吞湯麵 M

wonton dumplings in a clear savoury noodle soup

SIDES £6.00

THICK RICE NOODLE 士油皇炒河

STIR FRY NOODLES 士油皇炒麵

MIXED VEGETABLES 時菜

BROCCOLI AND GINGER

薑汁西蘭花

BOILED RICE 白飯 **£4.50**

GINGER FRIED RICE 薑蓉炒飯

£5.00

SALT 'N' PEPPER CHIPS 椒鹽薯條

PRAWN CRACKERS 蝦片 **£3.50**

FRIED RICE 炒飯 **£5.00**

CRISPY SEAWEED 海草 **£4.50**

www.lotusplantbasedkitchen.com follow us on instagram and facebook @lotus.plantbased

Bring Your Own drinks - charges may apply

GFO - gluten free option available S - spicy N - contains nuts M - contains mushrooms

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